

Annual Review of Competence Progression
Checklist for Work Place Based Assessments in Paediatric
Emergency Medicine Sub Specialty

Trainee Name: _____ NTN: _____

PEM - Assessments to be completed during the PEM year of training

CT3/ST4-6 - Other assessments which may be counted from CT3/ST4-6 or repeated during PEM

All assessments in this year must be undertaken by consultants (PEM, EM, PICU or Paeds Med) or Associate Specialists (AS) in these specialties

Generic Competencies to Level 4 Total 25; 8 mandatory in PEM	CT3/ST4-6		PEM	
	Date of WBA	Assessor name	Date of WBA	Assessor name
• History taking (M)			date	name
• Clinical examination (M)			date	name
• Therapeutics and safe prescribing (M)			date	name
• Time management and decision making	date	name		
• Decision making and clinical reasoning (M)			date	name
• The patient as central focus of care (M)			date	name
• Prioritisation of patient safety in clinical practice (M)			date	name
• Team working and patient safety	date	name		
• Principles of quality and safety improvement	date	name		
• Infection control	date	name		
• Managing long term conditions and promoting patient self-care	date	name		
• Relationships with patients and communication within a consultation (M)			date	name
• Breaking bad news (M)			date	name
• Complaints and medical error	date	name		
• Communication with colleagues and cooperation	date	name		
• Health promotion and public health	date	name		
• Principles of medical ethics and confidentiality	date	name		
• Valid consent	date	name		
• Legal framework for practice	date	name		
• Ethical research	date	name		
• Evidence and guidelines	date	name		
• Audit	date	name		
• Teaching and training	date	name		
• Personal behaviour	date	name		
• Management and NHS structure	date	name		

Clinical Competencies Total 85; 38 mandatory in PEM	CT3/ST4		PEM	
	Date of WBA	Assessor name	Date of WBA	Assessor name
Acute Life Support / resuscitation				
• Respiratory Failure & Cardiac Failure (M)			date	name
Cardiology				
• Heart failure	date	name		
• Arrhythmia (M)			date	name
• Syncope (M)			date	name
• Cardiac inflammation (M)			date	name
Child and Adolescent Mental Health				
Child and Adolescent Mental Health (M)			date	name
Child Protection and children in special circumstances				
• Physical abuse (M)			date	name
• Sexual abuse (M)			date	name
• Self harm (M)			date	name
• Neglect (M)			date	name
• Apnoeic episodes in an infant (M)			date	name
Dermatology				
• Life threatening dermatological emergency	date	name		
• Eczema and seborrhoeic dermatitis	date	name		
• Bites and infestations	date	name		
Endocrinology and metabolic medicine				
• DKA	date	name		
• Hypoglycaemia	date	name		
• Adrenal insufficiency (M)			date	name
• Acid Base and electrolyte abnormalities (M)			date	name
Gastroenterology				
• Acute abdominal pain	date	name		
• Acute vomiting and diarrhoea	date	name		
• Upper and lower GI bleeding	date	name		
• Acute liver failure	date	name		
• Recurrent abdominal pain (M)			date	name
• Constipation	date	name		
Gynaecology and Obstetrics				
• Ectopic pregnancy	date	name		
• Sexually transmitted infections	date	name		
Haematology and Oncology				
• Sickle cell	date	name		
• Anaemia (M)			date	name
• Purpura and bruising	date	name		
• Leukaemia/ lymphoma (M)			date	name

• Immunocompromised patient	date	name		
Infection, Immunology and Allergy				
• Septic shock (M)			date	name
• Febrile child (M)			date	name
• Common childhood exanthems (M)			date	name
• Needle stick injury	date	name		
• Anaphylaxis	date	name		
• Kawasaki disease (M)			date	name
Neonatology				
• Congenital heart disease (M)			date	name
• Jaundice (M)			date	name
• Sepsis (M)			date	name
Nephro-urology				
• UTI	date	name		
• Hypertension	date	name		
• Acute scrotal pain	date	name		
Neurology				
• Coma (M)			date	name
• Meningitis/encephalitis	date	name		
• Seizures including status epilepticus	date	name		
• Headache (M)			date	name
Neurosurgery				
• Blocked shunt	date	name		
Ophthalmology				
• Bells palsy	date	name		
• Conjunctivitis	date	name		
• Chemical injury	date	name		
Orthopaedics				
• Shoulder	date	name		
• Elbow (M)			date	name
• Wrist (M)			date	name
• Hand (M)			date	name
• Pelvis/ hip including non traumatic limp (M)			date	name
• Knee (M)			date	name
• Leg (M)			date	name
• Ankle	date	name		
• Foot	date	name		
• Plastic surgery (M)			date	name
Poisoning and accidents				
• Burns	date	name		
• Drowning	date	name		
• Major incident planning	date	name		
Respiratory medicine, with Ear, Nose and Throat				

• Asthma	date	name		
• Acute stridor	date	name		
• Pneumothorax	date	name		
• Bronchiolitis (M)			date	name
• Pneumonia	date	name		
• Pertussis	date	name		
• Earache and discharge	date	name		
• Traumatic ear conditions	date	name		
• Epistaxis	date	name		
• Nasal trauma	date	name		
• Acute throat infections	date	name		
• Airway obstruction	date	name		
• Dental problems	date	name		
Trauma				
• Head injury (M)			date	name
• Abdominal injury (M)			date	name
• Chest injury (M)			date	name
• Pelvic injury (M)			date	name
• Crush injury (M)			date	name
• Major burns (M)			date	name
• Spinal injury	date	name		

PEM Therapeutic Procedures Total 71; 5 mandatory in PEM At least two-thirds must be completed in PEM	CT3/ST4		PEM	
	Date of WBA	Assessor name	Date of WBA	Assessor name
Acute Life Support/Resuscitation procedures				
• Manual airway clearance manoeuvres	date	name		
• Airway insertion	date	name		
• Heimlich manoeuvre	date	name		
• Oxygen delivery techniques	date	name		
• Orotracheal and nasotracheal intubation (M)			date	name
• Mechanical ventilation (M)			date	name
• Use of Continuous Positive Airways Pressure (M)			date	name
• Replacement of tracheostomy tube	date	name		
• Cricothyrotomy and percutaneous trans-tracheal ventilation	date	name		
• Needle thoracocentesis	date	name		
• Tube thoracotomy	date	name		
• Intraosseus line insertion	date	name		
• Direct current electrical cardioversion defibrillation	date	name		
• External cardiac pacing	date	name		

• Pericardiocentesis	date	name		
Dentistry				
• Re-implantation of tooth	date	name		
• Splinting of tooth	date	name		
• Reduction of TMJ dislocation	date	name		
ENT Procedures				
• Control of epistaxis with cautery, anterior packing, posterior packing and balloon replacement	date	name		
• Cerumen removal	date	name		
• Incision and drainage of auricular haematoma	date	name		
• Aural wick insertion	date	name		
Foreign Body Removal				
• Nose	date	name		
• Ear	date	name		
• In soft tissue	date	name		
• Eye	date	name		
• Ring removal	date	name		
Gastrointestinal procedures				
• Oro/nasogastric tube replacement	date	name		
• Gastrostomy tube replacement	date	name		
• Gastric lavage	date	name		
• Hernia reduction	date	name		
• Reduction of rectal prolapse	date	name		
Genitourinary				
• Paraphimosis reduction	date	name		
• Urethral catheterisation	date	name		
Minor Surgical Procedures				
• Infiltration of local anaesthetic	date	name		
• Incision and drainage of abscesses	date	name		
• Incision and drainage of paronychia	date	name		
• Evacuation of subungual haematoma	date	name		
• Wound exploration and irrigation	date	name		
• Wound repair with glue, adhesive strips and sutures	date	name		
• Fingernail/nailbed injuries	date	name		
• Emergency management of amputation (M)			date	name
Musculoskeletal Techniques				
• Immobilisation techniques	date	name		
• Application of Broad Arm Sling	date	name		
• Application of Collar and Cuff	date	name		
• Application of Thomas Splint	date	name		
• Pelvic stabilisation techniques	date	name		
• Spinal immobilization/log rolling	date	name		
Fracture/dislocation reduction techniques				

• Shoulder dislocation	date	name		
• Elbow dislocation	date	name		
• Phalangeal dislocation	date	name		
• Supracondylar fracture with limb-threatening vascular compromise	date	name		
• Patellar dislocation	date	name		
• Ankle reduction	date	name		
Plaster techniques				
• Backslabs	date	name		
• Splints	date	name		
• POP	date	name		
Neurological Procedures				
• Lumbar puncture (M)			date	name
• VP Shunt tap				
Obstetric and Gynaecological Procedures				
• Normal delivery	date	name		
• Gynaecological speculum examination	date	name		
Ophthalmic Procedures				
• Conjunctival irrigation	date	name		
• Contact lens removal	date	name		
• Eversion of eyelids	date	name		
• Use of slit lamp	date	name		
Pain relief and sedation				
• Pain scoring	date	name		
• Non-pharmacologic measures	date	name		
• Pharmacologic approaches	date	name		
• Local anaesthetics	date	name		
• Regional nerve blocks	date	name		
• Procedural sedation techniques	date	name		

Overview by end of PEM

Experience

Trainees should:

- see at least 800 cases per six months
- look after at least 100 cases in the resuscitation room, PICU and HDU setting and be able to demonstrate this by log book. All of these cases must originate in the resuscitation room cases but can be involved from ED or PICU perspective.

Structured Training Report	date
MSF (annual)	date
Progress in relevant post graduate examinations:	Exams achieved
ALS (current provider)	date

ATLS / ETC (current provider)	date
APLS / EPLS (current provider)	date
Safeguarding children Level 3	date
Generic Competencies: majority of 25 to Level 4; 8 mandatory in PEM	YES / NO (please circle)
Clinical Competencies: total 85; 38 mandatory in PEM	YES / NO (please circle)
PEM Therapeutic Procedures: total 71, 5 mandatory and at least two-thirds must be completed in PEM	YES / NO (please circle)
Evidence of at least 800 cases seen per 6 months	YES / NO (please circle)
Evidence of at least 100 cases seen in Resus/HDU/PICU setting	YES / NO (please circle)

The trainee must complete this form before asking the Educational Supervisor to countersign.

Trainee signature		Date:	
Education Supervisor signature:		Date:	