

Alcoholic Ketoacidosis

AKA

Anion gap acidosis β -hydroxybutyrate main ketone not picked up on urine

usually chronic alcoholic vomiting reduced food intake

often no impairment GCS differs from HONK

Pathogenesis

Complex gluconeogenesis limited via inhibition pyruvate carboxylase

Dehydration increase in catecholamines and cortisol further stimulate ketone production

Poor renal perfusion impairs ability excrete ketones

Often element of lactate acidosis

Differential

DKA

Ingestion ethylene glycol, methanol

Salicylate intoxication

Treatment

Fluids

Saline good with some glucose

Thiamine

Pabrinex

Electrolyte replacement

K and Mg normally