

Marking Sheet: Hip Examination

Examiner _____ Candidate _____

0= Not attempted, 1=partially completed, 2=fully completed

	0	1	2
Candidate introduces themselves to patient, confirms correct patient and washes hands			
Ensures patient comfort / offers analgesia			
Ensures patient's dignity and privacy is respected (eg "closes door / curtain")			
Assesses the gait from front and back			
Inspects the standing patient from the front, back and side Looks for scars, wasting			
Performs Trendelenberg test (now or later)			
Palpates the back and briefly assesses ROM Forward flexion and back, lateral flexion then rotation			
Offers to palpate the abdomen			
Measures real and apparent leg length. If discrepancy, measure between two fixed bony points			
Palpates the joint from laterally across inguinal ligament, adductors, bony landmarks			
Active and passive range of movement while fixing ASIS			
- Flexion			
- Abduction			
- Adduction			
- Internal / external rotation with hip flexed and in extension			
Moves good hip first, compares the two sides			
Performs Thomas' test for fixed flexion deformity			
Assesses extension (either prone, standing or laterally)			
Offer to assess knee			
Offers to assess distal Neurovascular function			
Summarises succinctly			
Explains findings to patient, and offers appropriate management plan			
Addresses patients concerns			

Examiner's global score (1-5)

Actor's global score (1-5)

Examiner's Impression:
Comments

Pass Borderline Clear Fail