

This gentleman has hurt his left hip. Examine it.

	Not done	Partially done	Completed
Washed hands, alcohol gel & gloves			
Introduced self			
Obtains verbal consent			
Checks identity of patient			
Exposes both hips			
Inspects hip for swelling, erythema, scars, deformity			
Checks for apparent shortening			
Checks for true shortening			
Palpates femur head, trochanter and shaft			
Rolls hip			
Checks flexion			
Checks Extension			
Checks abduction			
Checks adduction			
Checks internal rotation			
Checks external rotation			
Observes extensor surface			
Patrick's test (SIJ dysfunction – figure "4" test)			
Trendelenburg's Test			
Examines gait			
Helps patient get dressed			

Patient mark (out of 5)	
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Examiner's Mark (out of 42)	
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Overall (out of 46)	
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