

The objective structured clinical examination (OSCE) is designed to assess the clinical aptitude of the examinee. Each case represents a clinical scenario that an emergency physician could encounter in a normal working day.

Currently, there are twenty stations. Two of the stations are 'double stations' they are twice the length of the normal station and worth twice the marks. There are two rest stations and sixteen normal stations.

The instructions will state clearly which task is to be performed. The candidate is given one minute to read the instructions sheet and five minutes to perform the task.

There are five general tasks:

- History taking
  - Examination
  - Communication skills
  - Procedure
  - Teaching

Often the task is a combination of the above five areas and a pie chart is provided to illustrate how each area is weighted.

Below are examples of OSCE score sheets. The recommended way to use these is to have one person perform the task while a second person marks the sheet. This should be done in a timed manner to simulate an actual exam environment.

### **Matrix for awarding the Global score**

This matrix sets out indicative behaviour in generic domains of professional behaviour. It should be

used by the examiners and the role player where appropriate to determine the global score. Not every domain will be applicable to every skill station. Please use the matrix to identify the

global score.

As a rough rule:

5 = mostly exemplary

4 = mix of exemplary and acceptable

3 = mostly acceptable

2 = mix of acceptable and unacceptable

1 = mostly unacceptable

<b>Domain</b>	<b>Examples of unacceptable behaviour</b>	<b>Examples of acceptable behaviour</b>	<b>Examples of exemplary behaviour</b>
<b>Communication</b>	No introduction, and no information about what the station is about Closed questions Not listening to the answer Gives the answer themselves Doesn't warn patient of actions Uses jargon without explanation	Attempts to introduce themselves and to inform what about to do Some open questions Invites questions Occasionally interrupts inappropriately Attempts to explain what is doing Uses jargon but then explains	Introduces and informs what the task is about Open and closed questions used appropriately Good use of silence Invites questions from patient and answers well in plain English Keeps patient involved and informed constantly
<b>Rapport and empathy</b>	No attempt to establish rapport No response to body language or patient distress Hurts or embarrasses patient	Adequate rapport – Responds to distress but obviously uncomfortable, no eye contact Didn't offend but not always mindful of patient privacy or comfort	Excellent rapport Empathic, good eye contact, Appropriate body language Ensures patient comfort
<b>Professional competence</b>	Appears novice No structure to task Steps in wrong order Appears over/under confident Becomes uncomfortable or irritated	Logical structure but halting and stilted Has to pause to think Appears under confident Clearly anxious but able to control	Logical sequence Looks polished Confident Appears calm and professional
<b>Pacing</b>	Does not complete task	Appears hurried but completes task	Completes task within time and looks comfortable
<b>Equal opportunities/discrimination</b>	Appears biased – exhibits racism, sexism or ageism Stereotypes patients	No apparent prejudice	Open non judgemental, actively accepting of patients cultural or

	in questions and answers Rude or patronising		behavioural differences
<b>Team skills</b>	No involvement of helper Doesn't listen to examiners or team	Some involvement with team/helper but works autonomously No interaction with examiner	Involves team/helper, maintains cohesive working environment Interacts well with examiner, accepting given cues

## History taking OSCEs

### History Taking - Endocrine - Thyrotoxicosis

#### Marking Criteria

Checks name of patient  
 Asks about presenting complaint (tired/jittery)  
 Asks about duration of symptoms  
 Asks about weakness  
 Asks about swelling in the throat/difficulty in swallowing  
 Asks about heat intolerance  
 Asks about sweating  
 Asks about tremor/shaking  
 Asks about palpitations  
 Asks about weight loss  
 Asks about dyspnoea  
 Asks about diarrhea and bowel habit  
 Asks about menstrual cycle/abnormalities  
 Asks about visual disturbances/pain  
 Asks about past medical history  
 Asks about family history  
 Asks about social history  
 Asks about stress levels  
 Explain importance of investigation (blood test)  
 Explains need for further outpatient appointment (clinic/GP)  
 Explains potential for complications if untreated  
 Deals with questions appropriately

Global score examiner (out of 5)

Global score Role player (out of 5)

## **History taking – Suicidal patient**

History: A 58 year old male is brought to the emergency department after having tried to commit suicide by hanging himself. During this attempt the rope broke. The patient has not suffered any physical trauma.

Task: take a history and suggest further management

### Marking criteria

Brief introduction

Establishes rapport

Asks about events leading up to the suicide attempt

Asks about PMH

Asks about medications and allergies

Asks about previous attempts

Asks about details surrounding event (left note, carried out alone)

Asks about social support

Asks about future intent

Uses SAD PERSON score

Sex, Age, Depression or hopelessness, Excessive alcohol or drug use

Rational thinking loss, Separated or divorced, Organized or serious attempt

No social support, Stated future intent

Shows compassion

Uses open ended questions where appropriate

Shows open body posture

Indicates that patient is not safe for discharge and requires psychiatric review

## History taking – STD

History: A 58 year old male presents with pain and discharge from his penis.

Task: take a history

### Marking Criteria

Establishes time of onset of dysuria

Establishes exact site of pain – penis or abdomen

Establishes lack of radiating pain

Asks about exacerbating factors – ejaculation, sexual activity

Asks about associated urinary symptoms – frequency, haematuria, colour, smell, quantity, previous episode (3 = minimum)

Asks about other associated symptoms – discharge, ulcers, rash, blisters, fever, testicular pain, eye symptoms, joint pains (4 = minimum)

Asks about sexual partners over last year – when, who

Establishes that the patient has had unprotected sex with his wife and has had one casual encounter in the last year

Establishes that the casual encounter involved another man who performed oral sex on him (the patient)

Establishes that no condom was used

Asks if contacts HIV and Hep B status is known

Establishes that patient has not had sexual contact with wife since encounter

Establishes that the wife has no symptoms

Confirms that the wife does not need to know exact circumstances

Patient advised to abstain from or use protection during sex

Indicates to the patient that he may have contracted a STD

Indicates need for referral to GUM clinic for investigations and treatment

Explains importance of contact tracing

Remains non-judgemental

Encourages questions from patient

Global score

## **History taking – Needlestick injury**

History: A nurse from the ward has been sent to the ED with a needle stick injury

Task: Take a history and give advise.

### Marking Criteria

Confirm identity of patient

Asks about presenting complaint

Asks about type of needle (hollow)

Asks about injury site

Asks about depth of injury

Inspects site of injury (superficial scratch)

Asks if wound bled

Asks if washed wound

Asks if it is likely that inoculation of donor blood has occurred

Asks about known infection status of donor (HIV, Hep B, Hep C) with consent to read notes (2 points)

Confirms the donor is low risk

Asks about patient's own infection status (HIV, Hep B, Hep C)

Asks about patient's own tetanus status

Assess wound, determines low risk

Reassure patient unlikely to require PEP drugs

Discuss need to refer to infectious disease or occupational health

Confirms will take blood for storage as per OH policy

Confirms will approach ward team for donor blood tests

Answers any questions patient may have

Asks if any concerns

Deals with concerns

### Global scores

## History taking - Haematuria

History: A 67 year old man presents with a 3 day history of red urine.

Task: take a history, provide differential diagnosis and management plan

### Marking Criteria

Clarifies presenting complaint

Establishes onset

Asks about trauma or urethral instrumentation

Asks about factitious causes (beetroot, berries, rhubarb, rifampicin)

Establishes time during micturation (beginning, end, throughout)

Asks about associated features (vomiting, fever, rigors)

Asks about abdominal pain

Asks about frequency and dysuria

Asks about discharge from meatus

Enquires about recent travel (schistosomiasis)

Asks about respiratory or other infection (post strep GN)

Asks about strenuous exercise (running)

Asks about previous nephrolithiasis

Asks about previous UTI

Asks about diabetes

Asks about HTN

Asks about Sickle cell disease

Asks about medication (anticoagulates/nephrotoxins)

Able to summarise and reach differential diagnosis (infection likely)

Discusses need for urine and blood tests

Discusses possible need for renal imaging (IVU/US/CT)

Discusses need for follow up tests with GP / urologist

Global score

## **History taking – PID**

History: A young female presents to the ED with lower abdominal pain.

Task: take a history and suggest management

### Marking Criteria

Confirms identity of patient

Asks for the age of the patient

Asks about chief complaint

Asks about the lower abdominal pain – exact location

Asks about onset

Asks about severity

Asks about nature of pain – colicky or constant

Asks about aggravating and relieving factors

Asks about previous episodes

Asks about associated symptoms – nausea, vomiting, diarrhea, constipation

Asks about urinary symptoms – dysuria, frequency, urgency

Asks about systemic symptoms – fever, chills

Takes gynaecologic history – vaginal discharge

Takes gynaecologic history – last menses, pregnancies

Takes gynaecologic history – sexual activity currently and uses of protection

Asks about history of STDs in the past – if yes – treatment and protection

Informs patient of differential diagnosis – need to rule out pregnancy

Explains need for pelvic exam and swabs

Explains what findings on examination would require admission

Explains need for antibiotics – IV or oral

Offers analgesia

Explains need to contact partner(s) for treatment

Explains need to abstain from sex or use condom until clear of infection

Explains possible complications including infertility

Explains need to follow up with GUM clinic or GP

### Global scores



## **History taking - Endocrine - Diabetes**

### Marking criteria

Checks name of patient

Asks about presenting complaint-weight loss, urinary frequency and tiredness

Asks about duration of symptoms

Asks about polyuria

Asks about polydipsia

Asks about vision

Asks about abdominal pain

Asks about nausea and vomiting

Asks about past medical history

Asks about drug history

Asks about family history

Asks about social history

Asks about infection related symptoms urinary tract

Asks about infection related symptoms skin and feet

Explains symptoms and urinalysis likely to be new onset diabetes

Explains importance of confirming diagnosis with blood test

Explains need to commence treatment

Explains potential for complications if left untreated

Clarifies if patient does not understand

Deals with questions appropriately

Global score examiner (out of 5)

Global score role player (out of 5)

### **History taking – sexual history**

History: Forty-year-old international businessman presents with concerns about sores in his mouth and around his genitalia.

Task: take a history and offer further management

#### Marking criteria

Checks name of patient/introduction

Establishes rapport

Uses open ended questions

Elicits presenting complaint and explores underlying problem

Takes PMH

Takes a sexual history

Asks about extramarital relationships

Asks about nature of relationships (multiple homosexual partners)

Asks about condom use

Explores patients concerns, shows respect and non-judgmental attitude

Indicates need for further examination

Indicates need for investigations (mouth swab, urethral swab, blood tests)

Indicates need for partner (wife) to be assessed and investigated

Discusses implication of patient's problem

Indicate need to inform GP

Agrees a clear course of action, referral to GUM

Offers counseling

## History taking - Alcohol

**Instruction:** A 45 year old man presents to the ED with a minor head injury sustained at work. He smells of alcohol. Take an alcohol history...

	Adequate	Inadequate/ Not Observed
Establishes that alcohol may be important		
Asks about recent alcohol consumption		
Ask patient if he thinks alcohol may be a problem		
Asks CAGE questions		
Asks about job		
Asks about home stressors		
Asks about work stressors		
Asks about health concerns		
Asks about social history- children, wife		
Circumstances of drinking- social, alone		
PMH & Past Psychiatric History		
Summarises Findings		
Makes an appropriate risk estimate- behaviour risk plus work and home risks		
Indicates need for specific medical therapy- thiamine, withdrawal therapy if admitted		
Identifies need for patient counselling regarding alcohol intake- ?referral for detox or community alcohol health worker support		
<b>Global Score</b>		
<b>Global Score for Role Player</b>		

**Instruction:** Young male presents feeling depressed and wishing to commit suicide. Only came because mother made him. Mother concerned because patient keeps hearing voices.

	<b>Adequate</b>	<b>Inadequate/ Not Observed</b>
Initial approach, introduces themselves and explains what he/she will be doing.		
Establish key aspects of the history. (Should not use too much time up).		
Requests the presence of a chaperone		
Take history from patient: A: Appearance B: Behaviour C: Cognition (see MMSE) S: Speech M: Mood I: Insight T: Thought abnormalities H: Hallucinations		
Examine Cognition: MMSE 1. Orientation of time: day, date, month, season, year (5) 2. Orientation of place: department, hospital, town, county, country (5) 3. Registration: 42 West Street, Long Town, Leeds (3) 4. Attention & Concentration: spell WORLD backwards (5) 5. Short term memory: recalls address (3) 6. Language: Name 2 objects: pen & watch (2) Repeat phrase: no ifs or buts (1) 3 part command: take piece of paper and fold it into 2 and place it on the floor (3) Read & obey: Close your eyes (1) Write sentence (subject, verb &		

make sense) (1) Copy diagram (1) Total = 30 normal = $\geq 23$		
Provides summation of findings		
Management plan including investigation and treatment		
<b>Global Score</b>		
<b>Global Score from Role Player</b>		

### **History taking – headache**

Task: Take history from this patient who is having severe headache since morning and tell the patient what it could be. And line of management.

## **History taking – palpitation**

Task: take a history and discuss differential diagnosis

**History taking – painful knee – Reiters disease**

History: This 21 year man has had swelling of his right knee for three days

Task: take history and discuss differential diagnosis

### **History taking- sexual history**

A 17 year old male attends with his Mother. He has a 3 day history of dysuria. Take a sexual history.

- Wash hands / alcohol gel
  - Ensure privacy / confidentiality
  - Introduce yourself
  - Confirm identity of patient and relative
  - Suggest may be appropriate for Mother to leave room
  
- Dysuria – 3 days
  - Discharge
  - Frequency
  - Sores/ itching
  - Testicular/groin pain/swelling
  - Previous episodes
  
- Sexual partner(s)
  - Recent casual or unprotected sex
  - Male or female?
  - Vaginal / oral / anal (giver or receiver?)
  - Foreign travel / sex?
  
- PMH, DH, allergies
  
- Explain you would like to proceed to examine the patient, discuss the diagnosis with the patient, arrange appropriate investigations, advice re. barrier contraception, contact tracing, GUM F/U
  
- Thank patient



History taking – HIV risk

One of your SHOs has just received a needlestick injury.

She is being seen by your consultant, who requests that you see the patient (donor) and assess their HIV risk.

- Wash hands / alcohol gel
  - Privacy / confidentiality
  - Introduce yourself
  - Confirm identity of patient
  - Consent (and explain situation)
  - Sensitive, tactful and empathic
  
- **Sex**
  - Hetero / bi / homosexual
  - Unprotected sex?
  - Multiple partners?
  - Recent STIs?
  - HIV status of partner?
  
- **IVDU**
  - ? IVDU
  - ? shares needles
  - ? partners IVDU
  
- **Blood products and transfusions**
  - Haemophilia?
  - Blood products prior to 1985?
  - Partners haemophilia or blood products prior to 1985?
  
- Tattoos
  
- Any Qs
  - Address anxieties
  - Thank patient

## History taking – suicide risk

You are asked to review a patient on CDU. He presented following an OD of paracetamol. His levels are below the treatment line, and he would now like to go home. He does not want to stay overnight to see the self harm team. Assess his suicide risk.

- Read notes and confirm blood results
  - Wash hands / alcohol gel
  - Introduce yourself
  - Confirm identity of patient
  - Consent
- Review history
  - Explain that ideally should stay and see self harm team
- **Assess suicide risk (SAD PERSONS)**
  - Sex – male (1)
  - Age - <19 or >45 yrs (1)
  - Depression (2)
  - Previous suicide attempts or psychiatric care (1)
  - Ethanol / drugs (1)
  - Rational thinking loss (2)
  - Separated, widowed or divorced (1)
  - Organised or serious attempt (2)
  - No social support (1)
  - Stated future intent (2)
- **Calculates and explains significance of score**
  - Score <6 – *may* be safe to discharge
  - 6-8 *probably* requires psychiatric consultation
  - >8 *probably* requires hospital admission
- Enquires re. home circumstances and supervision
  - Arrange community psychiatric follow up
  - Liaise with GP
- Checks patient understanding
  - Thank patient

## History taking - Abuse

Your next patient is a 43 year old woman who has been assaulted. Take a relevant history.

- Wash hands / alcohol gel
  - Suitable environment
  - Female chaperone
  - Introduce yourself
  - Confirm identity of patient
  - Consent
  - Ensure comfortable – offer analgesia
  
- Identifies that this is domestic violence
  - Identifies extent of injuries
  - ? sexual abuse / rape
  - ? previous domestic violence
  - ? co-habiting
  - ? children involved
  - ? police involved - partner arrested
  
- Ensures safe environment for discharge
  - Offers appropriate support
  
- Thank patient

History taking – psychiatric

This 28 year old woman believes she is having the Devil’s baby. She has some superficial self-inflicted wounds to her abdomen that have been treated adequately.

Assess her mental state.

	Not done	Partially done	Completed
Washed hands & alcohol gel			
Introduced self			
Check patient identity			
Obtains verbal consent for interview			
Comments on appearance			
Asks about thought disorders			
Asks about hallucinations			
Asks about insight			
Comments on speech pattern			
Asks about mood			
Attempts to check cognition - stopped			
Asks about psychiatric history			
Asks about psychiatric follow up			
Asks about medical history			
Asks about medications & compliance			
Asks about illicit drugs			
Has management plan			

History taking – DVT risk

This man has a painful left leg take a relevant history and perform the necessary examination to stratify her risk.

	Not done	Partially done	Completed
Washed hands & alcohol gel			
Introduced self			
Check patient identity			
Obtains verbal consent			
Lower limb surgery			
Bed Ridden or plaster cast			
Past history/family history of VTE			
History of active malignancy			
IVDU			
Tender along femoral or popliteal veins			
3cm difference 10cm below tibial tuberosity			
Dilated collateral veins (not varicose)			
Pitting oedema			
Alternative diagnosis			
Stratifies risk appropriately			
Arranges appropriate investigation			
Asks if any questions			
Thanks patient			

History taking – capacity

This 14 year old has been seen earlier by your SHO and has taken an overdose of 25 paracetamol. She is refusing treatment. Assess her capacity to refuse treatment.

	Not done	Partially done	Completed
Washed hands & alcohol gel			
Introduced self			
Checked identity of patient			
Verbal consent			
Checked details of overdose			
Check understanding of what will happen if no Rx			
Check understands what Rx involves			
Checks belief of facts			
Checks retention			
Able to process information and come to conclusion			
Tries to involve parents			
Identifies problem with dad			
Identifies that she is worried about being pregnant			
Gently persuades her to have treatment			
Happy for her to contact mum only			

History taking – PV bleeding

A 62 year old lady presents to your Emergency Department with PV bleeding. Take a relevant history from her.

	Not done	Partially done	Completed
Washed hands & alcohol gel			
Introduced self			
Check Identity of patient			
Explain Procedure & obtain verbal consent			
<b>Gynae</b>	x	x	x
Age of menarche			
Age of menopause			
Vaginal discharge			
Last smear			
Significant PMH			
Lumps in breast?			
<b>Sexual</b>	x	x	x
Are you sexually active?			
How many partners have you had in your last 3/12?			
Dyspareunia?			
Sexual Instruments?			
Any questions			
Thanked patient			

History taking – thrombolysis

This gentleman has had an hour of chest pain and his ECG shows a myocardial infarction. Counsel him with regards to thrombolysis.

	Not done	Partially done	Completed
Washed hands & alcohol gel			
Introduced self			
Confirms identity of patient			
Obtains verbal consent			
Establishes patients knowledge			
Warfarin			
Haemophilia			
Severe liver disease			
Thrombocytopenia			
Stroke			
Recent surgery			
Trauma +/- Resuscitation			
Proliferative eye bleeding or vitreous haemorrhage			
Upper & lower GI bleeding			
Serious vaginal bleeding			
Pregnancy			
Hypertension Sys BP >200mmHG			
Hypertension Dia BP >120 mmHg			
History suggestive of Dissection			
Aortic aneurysm			
Previous streptokinase			
Previous allergies			
1-2% Bleed rate			
Any questions			
Asks patient her decision?			
Organises treatment			



Thanks patient			
----------------	--	--	--

History – taking diarrhoea

A 27 year old student returns from holiday with diarrhoea. Take a relevant history.

	Not done	Partially done	Completed
Washed hands & alcohol gel			
Introduced self			
Checks identity of patient			
Obtains verbal consent			
Establishes where patient has been			
Establishes when went & returned.			
Establishes what is meant by diarrhoea			
How long has had diarrhoea?			
How soon after arriving did symptoms start?			
How many times a day opening bowels?			
Anyone else affected?			
Any blood?			
Any pain?			
Any vomiting?			
Any jaundice?			
Alteration in colour of urine			
Any fevers?			
Any rashes?			
Enquires about oral intake of fluids.			
Thanks patient.			
Summarises accurately			
Suggests Examination, blood tests, stool culture & possible referral to infectious diseases			

**History taking – Mania**

History taking - Cardiac

History taking - Jaundice

History taking - Limping Child

History taking - Pleuritic Chest Pain

