

**Marking Sheet: Knee Examination**

Examiner \_\_\_\_\_ Candidate \_\_\_\_\_

0= Not attempted, 1=partially completed, 2=fully completed

	0	1	2
Candidate introduces themselves to patient, confirms correct patient and washes hands			
Candidate enquires about mechanism			
Explains what they are going to do			
Candidate enquires about: General health and any previous injury Medications and allergy			
Asks about any particular pain / offers analgesia			
Looks & comments appropriately			
Observes knee for deformity, scarring, posture			
Looks at Quads for wasting			
Palpate, including joint line Feels joint for warmth Looks and tests explicitly for effusion			
Palpates patella & evaluated patellar tracking			
Checks knee extension and ability to straight leg raise			
Checks range of active flexion			
Checks range of passive flexion			
Checks strength: -Flexor and extensors -Tibialis Anterior & Hip flexors			
Checks Cruciate ligaments			
Checks collateral ligaments			
Checks McMurray's test or other meniscal test			
Evaluates both knees			
Checks ankles (joint below)			
Checks distal neurovascular status			
Evaluates gait			
Candidate discuss possible diagnosis			
Candidate discuss treatment options			
Candidate discuss prognosis with the patient			
Candidate gives indications for knee x-ray (using Ottawa or Pittsburgh knee rules)			
Safety netting / follow up – Ortho/physio/GP			

Examiner's global score (1-5)

Actor's global score (1-5)

**Examiner's Impression:**

**Pass**

**Borderline**

**Clear Fail**

**Comments**