

### **Histories**

Take a history from a fit and healthy young man who has been having diarrhoea and PR bleeding.

History from a young guy who has been taking lots of recreational drugs (cannabis, speed, cocaine) and is now paranoid, confused with gaps in his memory about recent events.

Limping child history from the mother – some hx of trauma the previous day and recent URTI. Explain Ix and likely Dx.

Renal colic history – pt writhing in pain, provide analgesia and get hx.

### **Communication stations**

You are SpR in backed up A&E. Sister in charge wants to admit 5 patients to CDU to prevent breaches. Short histories are given for each patient. The card states you've already decided to only admit one patient to CDU. Three may be possible. This station was awkward because your role/purpose was not clear. Sister didn't say much when I talked through all of the patients and accepted that 3 might go but the card for the station said I've decided to only send one. A very confusing and not particularly good station.

VE and removal of lost condom. Council the patient with regard to STI and follow up.

Explain to the daughter of a Jehovah's witness why it is not permissible to give her mother a blood transfusion after she has had an acute bleed and has declined the blood on the basis of her faith. Council the daughter. Issues of capacity.

Explain to a nursing student how to manage and paracetamol overdose, why we do what we do and how Parvolex works.

Explain and council an MP who has scabies and is horrified. Explain the diagnosis and that normal people and not just tramps get scabies. Explain treatment and follow up.

### **Physical exams**

PNS – Pt with weak legs and back pain in his 50-60s. ? cord compression from a SOL/myeloma.

Thyroid exam. Water near the seated patient.

Cardiovascular exam – lady with a tissue aortic valve. Hx of fevers and malaise. ?IE.

Hand exam – wound on the palmar aspect of dominant hand.

Fundoscopy on model – technique and diagnosis.

Cranial nn exam. Conductive hearing loss in left ear.

### **Practical stations**

Airway station – chewing gum in airway. Do visual sweep.

APLS – trauma call. 4 year old.

ALS – old lady in asystole. ROSC with chest compressions etc.

