

Marking Sheet: Shoulder Examination

Examiner _____

Candidate _____

0= Not attempted, 1=partially completed, 2=fully completed

	0	1	2
Candidate introduces themselves to patient, confirms correct patient and washes hands			
Ensures patient comfort / offers analgesia			
Explains what they are about to do			
Exposes joint adequately			
Asks patient to identify any area of pain			
Observes the joint from front, side and back			
Compares both sides			
Palpates clavicle, sternoclavicular and acromioclavicular joints clavicle, scapula, corocoid			
Palpates cervical spine / Offers formal neck examination			
Checks / Offers to check elbow (joint below)			
Palpates biceps, triceps and deltoids			
Assesses active movement – flexion, extension, abduction internal rotation, external rotation			
Assesses passive movement – flexion, extension, abduction, internal rotation, external rotation			
Assesses resisted movement – flexion, extension, abduction, (rotator cuff, power muscles, scapula stabilizers)			
Tests supraspinatus (initiates abduction) – “empty can” test / “full can” test			
Tests infraspinatus (external rotation)			
Tests teres minor (weak adductor & ext rotation)			
Tests subscapularis (internal rotation) – “Lift off” test			
Tests for impingement			
Tests for instability			
Tests serratus anterior (winging of scapula)			
Tests axillary nerve			
Appropriate investigations			
Advice regarding work			
Physiotherapy referral			
Offers follow up			
Summarises succinctly / closure			

Examiner's global score (1-5)

Actor's global score (1-5)

Examiner's Impression:
Comments
Pass Borderline Clear Fail